

PE and SPHE for Wellbeing

Let's Do This!

COMING
SOON!

Let's Do This! is the exciting new 1st–6th Class series for **Wellbeing**, covering the areas of **PE** and **SPHE**.

Let's Do This! ensures you deliver the **new Wellbeing specification** comprehensively and with confidence.

With exciting and engaging digital content further enhancing this innovative programme, **Let's Do This!** gives you all the tools you need to deliver PE and SPHE for your classroom.

What you can expect

- ✓ Fully structured lesson plans covering the four strands of Movement Competence, Emotional and Relational Education, Health Education, and Community and Belonging
- ✓ Collaborative and cooperative learning, direct teaching, discovery learning, playful approaches and relational pedagogy, all facilitated by Pupil Books and ancillary products
- ✓ Opportunity to tailor, adapt and supplement content as suitable to the classroom, comprehensively supported by Teacher Resource Books
- ✓ Exciting and engaging digital content, including thoughtfully designed teaching slides for each lesson, giving you all the tools you need to deliver PE and SPHE

What you get

SIX Pupil Books

THREE Human Development Booklets
(packaged with the 2nd, 4th and 6th Class Pupil Books)

FREE Flipbooks

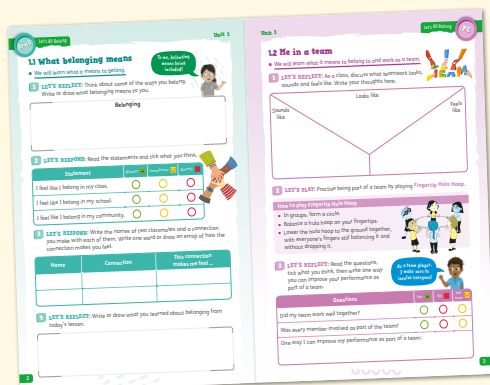
FREE Supporting Digital Library
including Teaching Slides for each lesson across all six levels

FREE Teacher Resource Books

All the tools you need to teach Wellbeing

Pupil Books for each level 1st–6th class

- ✓ Ten chapters (one for each month), each split into two units (except April and June)
- ✓ Three to four activities per lesson, all fully supported by teaching notes and slides



Human Development booklets

- ✓ Three booklets to ensure the Human Development learning outcomes for each stage are effectively and sensitively addressed in your classroom



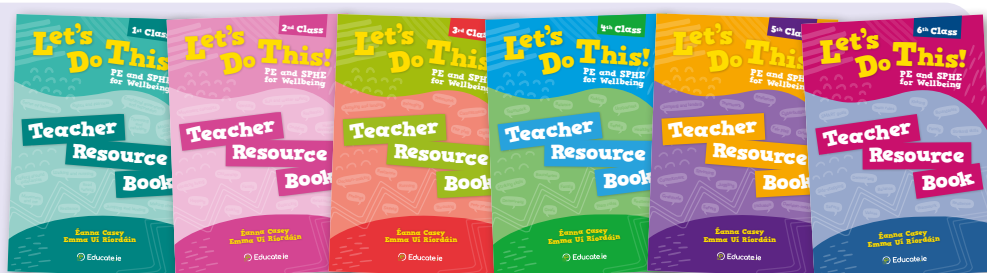
FREE comprehensive suite of Digital Resources, including:

- ✓ Teaching slides for each lesson across all six levels
- ✓ Fundamental Movement Skills videos, posters and assessment sheets
- ✓ Video suite of PE games
- ✓ SPHE assessment and teacher observation sheets
- ✓ Printables for classroom displays
- ✓ Audio for listening activities
- ✓ Word searches and crosswords



FREE Teacher Resource Books

- ✓ Comprehensive planning and notes for each lesson
- ✓ Yearly, fortnightly and fully structured lesson plans



Our authors

A mainstream and SET teacher from Ballina in Mayo, **Éanna Casey** is an experienced adviser and content creator in the realm of PE.

Principal of a DEIS two-teacher school in West Cork, **Emma Uí Ríordáin** is an experienced adviser and content creator in the realm of SPHE.

Stay in the know!

To keep you up to date on *Let's Do This!* and any other relevant primary programmes or events, scan the QR code to fill in your details!



Scan to fill in the contact form